



Chiselbury Publishing

Conversations with my Dog

Chris Parker

Description

A science-based, practical and philosophical guide to improving communication and influence. The book has 2 unique points of difference.

Firstly, the author uses a series of stories and cartoons to introduce Sam, his 10-year-old Staffordshire Bull Terrier, as his unlikely communications guru.

Secondly, he explains how meditation, silence and forgetfulness can be used to create the state from which we can influence powerfully, whilst emphasising the importance of conversations in creating our professional and personal life experience.

Throughout, the author provides numerous principles, processes, strategies, tactics and skills for improving our communication and so achieving our desired outcomes.

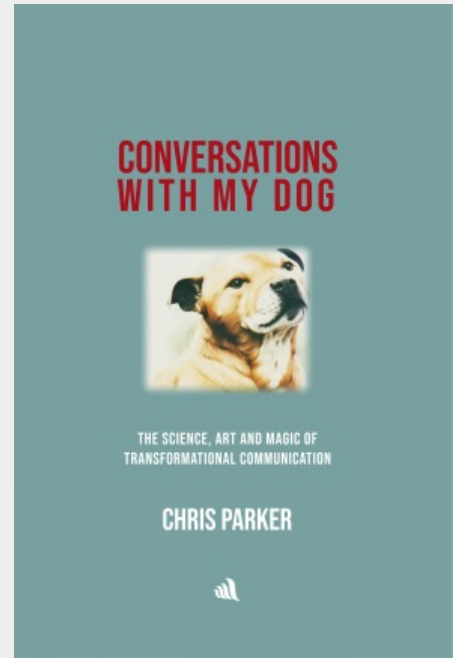
Biography

Chris lives in Nottingham with his wife, Mairi. He is a no.1 Amazon best-selling author, a poet, novelist, biographer and writer of non-fiction, with 21 books to his credit - five of them published by Chiselbury, with two more in the pipeline.

He has spent over four decades studying and teaching interpersonal and intra-personal communication and influence. His clients have included politicians, professional sportsmen/women, actors, senior executives, managers, teachers, academics, and healthcare professionals.

Chris is a lifelong martial artist who has been practising meditation since 1976.

Advance Information



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Thema

VSA: Practical advice: Life hacks / handy tips

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